

# Michelle Golebiowski



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[www.michellegolebiowski.com](http://www.michellegolebiowski.com)

Michelle Golebiowski or “Michelle Go” is an enthusiastic Public Relations specialist with over a decade of experience communicating professionally with the public as an advocate for road safety and occupational health & safety.

Driven to succeed and powered by people, Michelle brings a strong voice to her passion for public speaking, specializing in road safety advocacy and mental health awareness.

Her work has been published in industry magazines, including Tow Canada & Tow Times, and in local and community newspapers.

Michelle volunteers as a speaker with the Mental Illness Literacy Education program at the Canadian Mental Health Association of Winnipeg. She started sharing her personal experience with Mental Illness in 2014. She shares her story in memory of her late father, as a part of the MILE5 program to break down the stigma around Mental Illness.

Experienced in speaking both French and English, Michelle’s first mental health presentation was delivered in French at the Université de Saint-Boniface.

While she specializes in connecting with youth and young adults, Michelle’s diverse experience and engaging, confident presentation style appeals to audiences of all ages.

Customizable and adaptable, Michelle’s presentations cover a variety of important issues/topics including: impaired and distracted driving, mental health and suicide prevention, peer pressure, self-awareness, seat belt use, planning ahead, UTV/ATV/Dirt bike & off road safety, fleet safety/corporate driving, the ‘Move Over Law’, Flagperson Safety, overcoming challenges and adversity, the power of positive choices and much more.



*“Michelle, your presentation was wonderful and as the young man said: ‘You are saving lives’ without ever having an idea of what the number may be. The impact of your commitment and presentation is still fresh. I understand completely the value of your work and very much appreciate that you do it. Please keep up your good work.”*

With Great Respect and Sincerity,  
Y. Chochinov, Principal, Grant Park High School, Winnipeg Manitoba

Reaching thousands of people across North America on the perils of impaired and distracted driving, and the issues around mental health, Michelle shares her message and personal story hoping to help shift attitudes to help save lives through her experience.

Major speaking engagements include:

- SADD Saskatchewan Leadership Conference, 2014
- OSAID Conference, 2014
- SADD Alberta Provincial Leadership Conference, 2013
- SADD Saskatchewan and Saskatchewan Government Insurance Impaired Driving Awareness Week Tour, 2013
- Safe Communities Gala, 2012
- AAA Ohio Auto Club, 2012
- Florida Tow Show, 2012
- Manitoba Public Insurance Friends for Life Speaker Series, 2011

Michelle enjoys playing guitar, spending time outdoors dirtbiking & minibiking and is a Member of the Manitoba Minimoto Racing Association.

For more information including booking and contact info please visit:  
[www.michellegolebiowski.com](http://www.michellegolebiowski.com)



**PROJECT  
S.H.I.F.T.**

*Learn all about it with this video:*

***<https://www.youtube.com/watch?v=xJ4LLUu2LGI#t=11>***

*Students Helping to Influence Future Teens*

# PRESENTATION DETAILS

## Issues Discussed

Impaired & Distracted Driving  
Mental Health & Suicide Prevention  
UTV/ATV & Off-Road Safety  
Fleet Safety  
Overcoming Challenges & Adversity  
The Power Of Making Positive Choices

## Technical Requirements

LCD Projector & Screen  
Sound System & Microphone  
Computer (will bring presentation on Flash stick)  
*If no computer is available, can bring own laptop*

## Presentation Style

Lecture & Story Telling  
Interactive with Props  
Audience Participation

## Age Of Audience

Customizable & Adaptable (Typically 14+)

## Audience Size

Open to all audience sizes

## Type Of Presentation

Open to all schools, communities, and groups

## More Information

<http://www.towcanada.ca/digital/2011-09-10/index.html> (Page 14 - Sept-Oct issue of Tow Canada)

*Since the tragic death of my best friend Amanda Frizzley I am making it my own personal mission to share this story with as many people as possible, in hopes to encourage people to make better choices through my personal experience. My Goal is to help people make educated choices, plan ahead, and most importantly, to speak up when we need a safe way to get home.*

- Michelle Golebiowski





## Credentials:

- \*Registered Auditors Certificate, 2014
- \*Health and Safety Professional Designation, 2013
- \*Public Relations Diploma, University of Winnipeg DCE, 2008
- \*Management Certificate, University of Winnipeg DCE, 2008

## Professional Development

- \*Member of the Manitoba Minimoto Racing Association 2015
- \*Mental Health First Aid 2014
- \*CAPS Speaker School 2014
- \*First Aid 2013
- \*Certified Flag Person 2013
- \*Live 1 hour Radio interview with Richard Cloutier on Manitoba Addictions Awareness Week November 2011
- \*Non Violent Crisis Intervention Training
- \*Former Member of the Manitoba Criminal Justice Association
- \*Member of IABC and CPRS 2008
- \*Live 1 hour Radio interview with Richard Cloutier on Public Health Care 2008
- \*Leadership in a Positive Workplace Seminar 2007
- \*Administrative Assistant Certificate from the Banff Academy of Business 2007
- \*Advocating on behalf of victims of Drinking and Driving and failures of the Manitoba Mental Health System



# TESTIMONIALS

Michelle's message really spoke to the people, bringing in a story that people can relate to. This presentation moved me and many others in the room. It was an excellent presentation."

-Kaitlyn, SK, Canada

"You are a very inspirational person. We are also thankful you were straightforward. You have taught us things we will never forget."

-Leroy SADD, SK, Canada

"I really loved your presentation. You had an excellent story. I'm sorry to hear about all the people you lost. I cannot imagine if I lost my best friend. I hope you keep sharing your message to people all around because it really changes the way people think."

-Robyn, SK, Canada

"You're an inspiration to everyone. This presentation was unbelievable and very intense. It changed the way I viewed everything. Thank you!"

-Sabrina, SK, Canada

"What a great motivational speaker. I can't even imagine what I would do if something like that happened to

me."

Ashlyn, SK, Canada

"I've had a problem with people not moving over myself and I'm glad someone is out there voicing this issue, if I can be of help in any way just ask."

-David Garrison

"You did an outstanding job. God has kept your friends memory alive with a passion and purpose for your life helping others. There is no need to grieve the future is bright for those who believe."

-Bob Stafford

"You're doing a wonderful thing that needs addressing. It hits home just knowing some of the close calls I have had."

-Charles Jenkins

"I loved the talk and feel for your loss, very inspiring. Keep moving forward."

-Roger Atkinson