

NOLAN BARNES



Hello my name is Nolan Barnes and I have been a motivational speaker for the P.A.R.T.Y. Program, as well as my own freelance engagements for 4 years now. I talk to youth about trauma and risk related events such as drinking and driving and the effect that drugs had on my life. I have a 45 minute presentation that covers topics such as when i first started high school sober and against drinking and driving, to the point where i started to party a lot and drink and drive often. To the point where I started smoking pot and how that escalated into hard drugs and how this affected myself as well as my family. I then go on to talk about how I have overcome addiction and adversity. And how speaking and waterskiing

have changed my life. It truly is an amazing story of coming from the lowest point in my life to performing on a world stage for our country! I am a national athlete on the Canadian disabled waterski team and have been knocking on the top 5 in the worlds doorstep. I have a slide show that had pictures before my injury, while i was in the hospital recovering and pictures of recent events in my life (including skiing at world events). My presentation is a powerful one that always gets a captive audience. I have had nothing but positive feedback from students as well as parents. To hear that students go home and talk with their parents about my presentation tells me that they have listened and quite possibly this could lead to some life changing decisions in their life. I do about 20 to 30 speeches a year and every time i do it i believe i am helping with this problem that affects everyone in this country and quite possibly preventing further injuries and death. I would be honored to speak at your engagement and hopefully change more life's and create awareness. If references are needed please reply and i can get you the contact information.

My fees are as follows:

- 400.00 for just the presentation
- 100.00 for every other presentation that same day
- .35 cents per km (driving distance)
- Plus 10 dollars per meal (max 3 per day)
- And any hotels, car rentals flights etc.

If cost is a problem please contact me anyway and i do have a few other options that will work.

Yours truly, Nolan Barnes